

OBJECTIVES:

Taking the "Three Systems" approach as a background, this course will:

- Highlight the important principles in putting the theory into practice
- Explore effective ways of working with children
- Address ways of improving effectiveness

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Developmental Paediatrician working as a Consultant in community in Bedford

PROGRAMME

09.00 - 09.30	Registration and refreshments	
09.30 - 09.40	Introduction	Dr C Yemula
09.40 – 10.50	<p>Setting the scene</p> <ul style="list-style-type: none"> ▪ Definition of nocturnal enuresis ▪ Prevalence of enuresis ▪ ALSPAC Study ▪ Impact on children ▪ The importance of maintaining a child focused approach <p>Parental Support</p> <ul style="list-style-type: none"> ▪ Typical strategies employed by parents (e.g. lifting; fluid restriction) and case examples ▪ Analysis of useful strategies 	
10.50 - 11.15	Refreshments	
11.15 - 12.15	<p>The Three Systems Model</p> <ul style="list-style-type: none"> ▪ An outline of the model as a means to understanding nocturnal enuresis ▪ Assessment of each system ▪ Looking at clinical implications ▪ Evidence 	
12.15 - 13.15	Lunch	
13.15 – 14.15	<p>Enuresis alarm treatment</p> <ul style="list-style-type: none"> ▪ Evidence base ▪ Monitoring progress ▪ How the alarm works and demonstration ▪ Advantages and disadvantages of the alarm 	
14.15 - 14.35	Refreshments	
14.35 – 15.00	<p>Desmopressin treatment</p> <ul style="list-style-type: none"> ▪ The evidence base ▪ How to use desmopressin ▪ Advantages and disadvantages of desmopressin 	
15.00 – 15.15	<p>Psychoeducation</p> <ul style="list-style-type: none"> ▪ How best to educate children and parents about bedwetting problems 	
15.15 – 16.00	Workshop and case studies	
16.00	Evaluation and seminar ends	