

## OBJECTIVES:

- To increase knowledge of up to date facts on childhood bowel and bladder disorders
- To increase confidence in managing these conditions in the community
- To provide an understanding of new NICE Guidance on Idiopathic Constipation in Children and Young People and the impact this may have on services
- To establish areas where further learning and/or experience is needed

## COURSE TUTOR:

- **Brenda Cheer**, Paediatric Specialist Continence Nurse, Cardiff & Vale NHS Trust

## PROGRAMME

09.00 – 09.25 **Registration and refreshments**

### PART 1: CHILDHOOD SOILING

09.25 – 09.30 **Introduction to the day** **ERIC Chair**

09.30 – 10.00 **Session A: Background, definitions and causes of constipation including anatomy and physiology** **Brenda Cheer**

Questions and discussion

10.00 – 10.40 **Session B: Assessment, diagnosis and NICE Guidelines**

Questions and discussion

10.40 – 10.50 **Refreshments**

10.50 – 11.30 **Session C: Management** - **Education**  
- **Disimpaction**  
- **Maintenance**

Questions and discussion

11.30 – 12.30 **Session D: Case study**

Questions and discussion

12.30 – 13.15 **Lunch**

## **PART 2: CHILDHOOD DAYTIME WETTING**

**13.15 – 14.00    Session A: Anatomy and physiology including acquisition of bladder control**

Questions and discussion

**14.00 – 14.45    Session B: Why do children wet? Assessment and diagnosis**

Questions and discussion

**14.45 – 14.55    Refreshments**

**14.55 – 15.30    Session C: Management**

Questions and discussion

**15.30 – 16.15    Session D: Case studies**

**16.15            Close of the day**