



Education and Resources
for Improving Childhood Continence

TOILET TRAINING, INCLUDING CHILDREN WITH SPECIAL NEEDS

21th June, - London - TBA

The Toilet Training Including Children with Special Needs seminar provides training for Tier 1 & 2 Primary care staff, who assess and support children at home and school with toileting or continence issues. Supporting toileting programs with appropriate products and helping to reduce product budgets, the seminar also looks at the assessment of toilet training readiness and the assessment and treatments to promote Healthy Bladder & Bowels.

OBJECTIVES:

- To be familiar with the normal acquisition of bowel and bladder control
- To be clear about what assessment / investigations are appropriate
- To increase confidence in toilet training and continence management, including children with special / additional needs
- To be familiar with products and aids to support toilet training
- To be able to implement a basic toilet training programme
- To increase knowledge of documentation available to support and advance current services

COURSE TUTOR:

- **Charlotte Mawby**, RGN. RSCN. Independent Paediatric Continence Nurse Advisor.

CHAIR:

- **Anna Henry**, Administration Assistant, ERIC

SPEAKER'S BIOGRAPHY

Charlotte Mawby: RGN. RSCN. Independent Paediatric Continence Nurse

Charlotte has over 20 years caring for children in a variety of setting.

8 years experience of working in a Special school for children with severe / profound learning difficulties as a Clinical

Nurse Specialist, supporting children with a variety of continence issues.

Worked for over 5 years as a Senior Paediatric Continence Nurse Specialist.

Assessing children in the community with:

- Day time wetting, soiling and nocturnal enuresis.
- Delayed toileting skills / continence issues

Plan and support toileting programme at home and school

Provide staff training 'Promoting healthy bladder and bowels' for children.

Implementation of the Local Education Authority's Personal Care policy

Presented at:

British Association of Paediatric Urology 2008 & 2009

Continence UK: 2008

RCN Continence Conference 2009

Currently on the NICE 'Guideline development Group' for Nocturnal Enuresis.

PROGRAMME

09.00 - 09.30	Registration and refreshments	
09.30 - 09.45	Introduction	Anna Henry
09.45 - 10.05	Session A <ul style="list-style-type: none">▪ Normal acquisition of bowel and bladder control<ul style="list-style-type: none">- the baby's bladder- gaining control- usual age range of acquisition of control	Charlotte Mawby
10.05 - 10.50	<ul style="list-style-type: none">▪ Children with learning difficulties<ul style="list-style-type: none">- why some children struggle with the toilet training process	
10.50 - 11.20	Refreshments	
11.20 - 12.35	Session B <ul style="list-style-type: none">▪ Toilet training readiness▪ Assessment▪ Questions and discussion	
12.35 - 13.35	Lunch	
13.35 - 14.35	Session C <ul style="list-style-type: none">▪ Continence management programmes<ul style="list-style-type: none">- developing individual programmes- Age 5 and still not trained? What to do next	
14.35 - 14.50	Refreshments	
14.50 - 15.30	Session D <ul style="list-style-type: none">▪ Aids & Appliances<ul style="list-style-type: none">- reusable/disposable products- toilet/potty equipment▪ Questions and discussion	
15.30	Seminar ends	